*Archery Targets*

*Students will:*

*Be able to explain and demonstrate a technique used to determine eye dominance*

*Be able to identify the parts of the arrow*

*Be able to identify the basic safety and shooting components of the bow*

*Understand the basic whistle commands used on the shooting range*

*Be able to explain the layout and areas of the shooting range*

*Be able to demonstrate the proper shooting stance*

*Be able to demonstrate how to nock an arrow on to the draw string*

*Be able to demonstrate correct position of the draw hand*

*Be able to demonstrate correct position of the bow hand*

*Be able to demonstrate correct position for the pre-draw*

*Be able to demonstrate correct technique for drawing the arrow*

*Be able to demonstrate correct way to anchor the arrow*

*Be able to demonstrate correct way to aim the arrow*

*Be able to demonstrate correct way to release the arrow*

*Be able to demonstrate proper follow through technique*

*Be able to explain and demonstrate the proper way to retrieve arrows*

*Understand how to score using a colored target with 10 concentric circles*

*Understand how to assist a peer using the coaching position “Well behind the Archer’s elbow”*